**A**

AAA=Aortic Artery Aneurysm.

AE=Air Entry

A&G=Advice and Guidance

ACE=Angiotensin-Converting enzyme-type of medication eg. Ramipril/Lisinopril

ACR=Albumin Creatinine Ratio-measures protein in the urine

Abdo=Abdomen

ABPI=Ankle-Brachial Pressure Index-used to measure the level of circulation in legs.

ADHD=Attention Deficit/Hyperactivity Disorder

AF=Atrial Fibrillation

ANP-Advanced Nurse Practitioner.

ARB=Angiotension Receptor Blocker tablets-eg. Losartan/Candesartan

ASD=as directed or Autistic Spectrum Disorder

**B**

BB=Beta Blocker-type of medication eg. Bisoprolol/Atenolol

bd=twice daily

BMI=Body Mass Index (ratio of weight to height).

BO=Bowels Open

BS=Bowels sounds

**C**

CA=Cancer or Calcium

CABG=Coronary Artery Bypass Graft

6CIT=test score done to check for dementia

CKD=Chronic Kidney Disease. This is graded 1-5 with 1 being the least effected and 5 the most effected)

CNS=Central Nervous System.

COBH=Change of Bowel Habit.

COC or COCP=Combined Oral Contraception

COPD=Chronic Obstructive Pulmonary Disease-a condition of the lungs

CPN=Community Psychiatric Nurse

CPR=Cardiopulmonary Resuscitation.

CRP=C Reactive protein- blood test to help diagnose inflammation

CSI=Corticosteroid injection

CT scan=Computed Tomography scan

CTCAP=CT scan of the Chest, Abdomen and Pelvis

CVA=Cerebrovascular Accident (stroke)

Cx=cervical

CXR=chest X-Ray

**D**

DEPO=Depo-Provera injection for contraception

DEXA=Bone density scan

DH=Drug History

DM=Diabetes Mellitus

DNA=Did not attend.

DNAR or DNACPR=Do Not Attempt Resuscitation.

DOAC=Direct Oral Anticoagulants-tablet to thin blood eg. Apixaban/Rivaroxaban

DRE=Digital rectal examination

D&V=Diarrhoea and Vomiting.

DVT=Deep Vein Thrombosis.

Dx=Diagnosis

**E**

EC=Emergency Contraception

ECG=Electrocardiograph-tracing of the heart.

ECHO=Echocardiogram (scan of the heart)

EEG=Electroencephalogram-measures electrical current in the brain

EHCP=Emergency Health Care Plan.

EOL=End of Life

EMU=Early Morning Urine

ESR=-blood test to help diagnose inflammation

**F**

FBC=Full Blood count

FCP=First Contact Physiotherapist

F2F=Face to Face

FH=Family History.

FHHR=Foetal Heart Heard and Regular.

Fit note=note to be off work. Previously called a sick note.

FiT test=stool sample test looking for tiny amounts of blood in the stool.

FRH=Freeman Road Hospital

FSH=Follicle Stimulating Hormone

**G**

GA=General Anaesthetic

GGT=Gamma-glutamyl transpeptidase (liver enzyme)

GTN-Glycerol Trinitrate=as a spray or tablet to help angina

**H**

HCA=Health care Assistant

HDL=High Density Lipoprotein

H/O=History of

HRT=Hormone Replacement Therapy

HS I=II=Normal/no added sounds=means heart sounds are normal.

**I**

IHD=Ischaemic Heart disease

IM=injection into a muscle

INR-International Ratio-blood test to monitor Warfarin levels

ISMN=Isosorbide Mononitrate-tablet used for heart disease

IUD/IUS=types of coils used for contraception.

Ix=Investigations.

IV=Intravenously.

IVP=Intravenous Pyelogram (specialised kidney Investigation.

**J**

JIC=Just in Case-refers to medications used in palliative care.

JVP=Juglar Venous pressure-pressure in a vein in the neck

**K**

K+=Potassium

**L**

LA=Local Anaesthetic

LD=Learning Disability

LDL=Low Density Lipoprotein.

LFTs=Liver Function Tests

LGI=Lower Gastroenterology.

LH=Luteinising Hormone

LMP=Last Menstrual Period.

LPA=Lasting Power of Attorney

**M**

MCA=Mental Capacity Act

MC+S=Microscopy, culture and sensitivity

Mg=Magnesium

MHA=Mental Health Act

MHP=Mental health Practitioner

MI=Myocardial Infarction.

MMSE-a test score done to check for Dementia

M/R=Modified release

MRI=Magnetic Resonance Imagining scan

MST=Morphine Sulphate Tablets

MSU=Mid-stream urine

Mx=Management

**N**

NA=Sodium

NAD=Nothing Abnormal Discovered

Nocte=nightly

non HDL=non High Density Lipoprotein

NOF=Neck of Femur

NOK=Next of Kin

NRP=Northumberland Recovery Partnership

NSAID=Non-Steroidal Anti-inflammatory Drug eg. Ibuprofen /Naproxen

NSECH=Northumbria Specialist Emergency Care Hospital (Cramlington)

nSTEMI=non ST Elevation Myocardial Infarction (ST refers to a part of the heart tracing)

NVH=non visible haematuria (blood in urine)

**O**

od=once daily

O/E=Examination.

OGD=Endoscopy-a camera put down the throat into the oesophagus.

O2=Oxygen

OT=Occupational Therapy or Therapist.

OTC=Over the counter

**P**

PE=Pulmonary Embolus.

PERL=Pupils Equal and Reactive to Light.

PO=oral intake.

PMH=Past Medical History

PMR=Polymyalgia Rheumatica

PN=Practice Nurse

POP=Progesterone Only Pill

PR=Per Rectum

Pred.=prednisolone tablets.

PRN-as required

Pro-BNP=Pro-B-Type Natriuretic Peptide (relates to the heart)

PSA=Prostate Specific Antigen

PTH=Parathyroid hormone

PU=Per Urethra (through the urethra) or passing urine.

PV=Per Vagina

PVD=Peripheral Vascular Disease

Px=Prescription

**Q**

qds=four times daily

**R**

RR=Referral Review-meeting of the clinicians to discuss possible referrals.

RVI=Royal Victoria Infirmary.

Rv=Review

Rx=treatment

**S**

SC=injection under the skin

SHBG=Sex Hormone Binding Globulin

SNT=soft non tender

Stat=one off dose or immediately, with no delay, now

STEMI=ST Elevation Myocardial Infarction (ST refers to a part of the heart tracing)

Sx=Symptoms

**T**

TATT=Tired All The Time

TCI=To Come In

tds=three times daily

TIA=Transient Ischaemic Attack (mini stroke)

TFTs=Thyroid Function Tests.

TTR=Time in Treatment Range (relates to Warfarin and INR results)

**U**

U&Es=Urea and Electrolytes

UGI=Upper gastroenterology

UPSI=Unprotected sex

USS=Ultrasound.

UTI=Urinary tract Infection.

**V**

VTE=Venous thromboembolism-blood clot in a vein

**W**

WGH=Wansbeck General Hospital.

W+W=Watch and Wait

**X**

XR=X-ray

**Y**

**Z**