



FRIENDSHIP LAUGHTER HAPPY MEMORIES SOCIAL FRIDAYS



THE BEST THINGS IN LIFE ARE FREE

THANK SOCIAL FRIDAYS IT'S FRIDAY!

Get that Friday Feeling every Friday when you join our free, friendly social groups at Beaconhill Community Centre, Cramlington, The Round House in Ashington, Bedlington (details to be confirmed) and Morpeth Library.

What's on?

Every week is different at Social Fridays and you can get as involved as much as you like or simply have a cup of tea and a chat. Activities include:

- Board Games
- Arts and Crafts
- Music
- Trips Out
- Lunches and Events
- Visits from Local Groups
- Information and Advice



Who can join?

Anyone over the age of 50 who lives in Northumberland is welcome to join. We are a friendly, inclusive group.

Locations

9:30am - 11:30am Beaconhill Community Centre, Cramlington

1pm - 3pm The Round House Lintonville Parkway, Ashington

1pm - 3pm Bedlington (location and start date to be confirmed)

10am - 12pm (starts 15/10/21) Morpeth Library Royal Sovereign House Manchester Street

For further information call: **01670 784 800** www.ageuk.org.uk/northumberland



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