

Farming Community FREE Health Check at

THE GLENDALE SHOW

**Date: Monday 28th Aug 2023**

**YOUR North Northumberland Primary Care Network "Well Up North"**

9 GP Practices working together to improve healthcare outcomes and reduce health inequalities for our patients.

🗆 Alnwick Medical Group 🗆 Greystoke Surgery

🗆 Belford Medical Practice 🗆 Union Brae and Norham Practice

🗆 Coquet Medical Group 🗆 Well Close Medical Group

🗆 Felton Surgery 🗆 Wooler Health

🗆 Gas House Lane Surgery

**What we can offer on the day**



* **Blood Pressure Check**
* **HBa1c Diabetes Blood Check**
* **Cholesterol check**
* **Muscular Skeletal pain check**
* **Mental Health Information**
* **Health and Wellbeing Coach**
* **Health Inequalities questionnaire**
* **Health Information**
* **Onward referral if required**

**ALL the above are optional**

**Well Up North staff at the show:**

* GP
* Nurse
* Physiotherapist
* Health Care Assistant
* Health & Wellbeing Coach
* Health Inequalities Coordinator

Please come and see us on the day if you want a chat about your health, have any health concerns, or want to have a BP, Diabetes or Cholesterol check.

**Confidential area for any 1-2-1**